

WELCOME TO ASCENSION
SAVE YOUR PEOPLE, OH GOD, AND BLESS YOUR INHERITANCE

PLEASE KEEP SOCIAL DISTANCE

SUN	MAY 1	SUNDAY OF THE MYRRH-BEARERS After – Hospitality - Potluck Acts 6:1-7 MK 15:43-16:8 Festal Tone 11:00 Divine Liturgy For All Our Parishioners and HGB Micah Shane Matthews
Mon	May 2	6:00pm Advisory Board Meeting.
Tue	May 3	8:30am For Our Parishioners and HGB Nancy C Cifrutak by Fr. Alex 5:15pm ADULT BIBLE STUDY
Wed	May 4	8:30am For Our Parishioners and For those who need special prayer by Fr. Alex MOLEBEN TO THE THEOTOKOS -Special Intention
Thu	May 5	8:30am For Our Parishioners and HGB Lisa and Matthew Edwards by Fr. Alex 6:00pm - ROSARY - Prayer for Protection and Healing of the coronavirus and all serious illnesses by Men's Club
SUN	MAY 8	SUNDAY OF THE MYRRH-BEARERS After – Hospitality - Potluck Acts 6:1-7 MK 15:43-16:8 Festal Tone 11:00 Divine Liturgy For All Our Parishioners, OUR MOTHERS and HGB Theodor Rex Bracelin

We will still collect donations for the Ukrainian Humanitarian Cause. You may place your generous gift in the basket with the Ukrainian Flag. You will find it at the Icon Screen. Thank you for your gift of hope! Fr. Alex

All Are WELCOME, PLEASE ATTEND:

On Wednesday, after Liturgy, Moleben to the Theotokos. On Thursday, after Liturgy, Bible Study, reflecting on Sunday's Gospel Reading

Prayer to Guardian Angel

ANGEL OF GOD, MY GUARDIAN DEAR, TO WHOM HIS LOVE COMMITS ME HERE: EVER THIS DAY BE AT MY SIDE, TO LIGHT AND GUARD, TO RULE AND GUIDE. AMEN

Happy MAY BIRTHDAYS

20th Larry Drumtra; 29th Jeffrey Sotack; 29th Fr. Bob Chope

We have several faithful from Ascension who are in need of special prayer.

Some of those who need special prayer are:

Ann Harmeyer, Frank and Chris Janke, Mary Grace Dorsey, Ben Pawers, Betta Labanish, Betty May Hertz, Emma Bernier, Lolly Vinson, June McGraw, Darren and June Hall, Thank you. Fr. Alex

PARISH ACTIVITIES: All activities should be recorded on the main calendar 2022 in the office. Please write in the activity you are responsible for and let Fr. Alex know the details so he can include it in the bulletin

ADULT BIBLE STUDY

Bible Study is held on the first and third Tuesdays from 5:15 to 6:30 PM. The next meeting will be on May 3. Bible Study-The Royal Kingdom Part I.(Samuel, David and Saul) The session begins at 5:15 and ends at 6:30. Please join us for great food and a wonderful conversation-based journey through Scripture! See Dr. Michael Lechman and Michael Bracelin for questions.

Candles for April :

Sanctuary...For HGB Makoweic Family by Oksana Makoweic
Tetrapod... For Our Parishioners
Theotokos & Child... HGB Ann Cahill by Chris Noonan
John Baptist... For Alisa Wash by Ann Kelly
St Nicholas... For + Anna Marie Duttry by Patty Duttry
Protection Theotokos... HGB Adriana Shockley by Keith and Nadia Shockley
Christ Teacher...For HGB Wash Family by Ann Kelly

Many unique items come into the shop weekly. We have a great selection of special-occasion gifts and religious items unique to the Williamsburg area, including a wide selection of spiritual books, music, icons and devotional and inspirational articles plus hand-made soaps and local honey.

SPECIAL ORDERS WELCOMED.

ADVICE

WALK AWAY FROM PEOPLE WHO PUTS YOU DOWN. WALK AWAY FROM FIGHTS THAT WILL NEVER BE RESOLVED. WALK AWAY FROM TRYING TO PLEASE PEOPLE WHO NEVER SEE YOUR WORTH. THE MORE YOU WALK AWAY FROM THINGS THAT POISON YOUR SOUL, THE HEALTHIER YOU WILL BE.

God bless America!!!

2021 – 2022 Bishop's Appeal Monthly Update March

Goal - \$6,800 Total. Collected - \$ 3,040. Needed to meet goal - \$3,760

FINANCIALS, Apr 24, 2022

Monthly Dues – 160.00; Offertory –593.00; Candles-21.00; Holyday–275.00;
Special Gifts – 500.00 In –1,548.00; Out – 337.34

Jesus is: My God. My King. My Lord. My Healer. My Provider. My Strength. My Protector. My Defender. My Joy My Peace. My Love. My All in All. My Life. My Everything!

If the devil can't defeat you, he will try to distract you. Be careful with anything that pulls your attention away from JESUS.

“Have I not commanded you? Be **STRONG** and of good courage; **DO NOT BE AFRAID**, nor be dismayed, for the **LORD YOUR GOD** is with you wherever you go” Joshua 1:9

Peter Pan, and the Age of Innocence.

“So Dad, what do you think about the child grooming at Disney?”

“We are in a battle. I remember making a port call in Homer Alaska.....”

“Oh no, there Dad goes again.”

We moored next to a World War II vintage buoy tender commanded by one of my early mentors, and good friend. His ship was in the midst of a dockside availability and conducting all sorts of modernization. Part of that work involved cutting out the old bench style seating on the mess deck and putting in something more up to date. The new chairs looked very uncomfortable. Anyway, they opened up one bench seat, and in the hollow, there were several vintage 35mm movies stored as some kind of time capsule. Back then the armed services movie reels were still being distributed to units outside the continental U.S... Every few months we would receive a shipment of new movies and would return the old ones. Anyway, my friend offered to give us a movie to take with us. I chose the old 1953 Disney movie Peter Pan. My crew, all 18 of them, were certainly disappointed I did not get one of the classic action movies.

We got underway and headed west into Cook Inlet and then south toward the Gulf of Alaska. There was a terrible storm brewing, so that night we navigated into Port Chatham and anchored. Port Chatham was the site of the abandoned town Portlock. The legend goes that the town was abandoned after some type of monster started killing off the town folk. It was described as something like a combination bigfoot and evil spirit. Whatever it was, it would have to find its own shelter that night.

The storm developed hurricane force winds, but we were relatively protected from the tremendous seas building on the open water. Thus we settled in with monsters on the shore and a monstrous storm above us. Movie Night! For the first and last time I can remember, I got to choose the movie we would watch. Peter Pan of course. I thought I would be the only one to show up, but to my surprise the mess deck was packed. Everyone showed up except the watch standers. The “Movie Officer” loaded the reel to the projector and got the screen ready. And with that the movie began. For a

brief time, we were transported to neverland, where we were all young kids again sitting in the living room with the family and watching Walt Disney. It was reassuring on many levels.

The story of Peter Pan is based on a story written by J. M. Barrie at the turn of the 20th century. It is about a boy who refuses to grow up. Within the story are some real-life lessons, among which, having faith and trust, keeping your word, and the strength found in a mother’s love. In its style, Peter Pan is escapism literature and is meant to distract from the unpleasant realities of life. Yet, like so many early Disney movies, and indeed many films of that era, it teaches and reinforces fundamental moral lessons.

Peter Pan is judged today as a politically incorrect film. Something we must protect our young children from. So many things of the past are deemed as being insensitive and even dangerous for our young children to watch or to read. So, we censor these things, and cull our shelves of them along with other classics, because they do not fit in our society. But nature abhors a vacuum, and in their place, we see work that promotes lifestyles and values of what we see taking place within the Disney organization. People will argue that Disney is only reflecting the changing morals of today’s society. So, that somehow makes it OK.

It’s not just Disney. There seems to be a predilection for fostering this corrupt behavior within society in general. Where are the old moral values taught in school and church, and played out daily in the society of yesteryear? We no longer live in the age of innocence; however, I believe those values are still there and doing their best to cope in today’s society. In some places they may be growing stronger as young families instinctively are turning back to the old values. They are there in most families I know, as well as in our churches, some schools and a lot of small-town community events. They are in competition though with a well-funded and over the top campaign for the attention of our children. These forces seek to insert their influence in every facet of our children’s life. This is the Battle I spoke of. It will take an effort to win it.

Love Dad

Nothing but a Number

Japanese mountain climber Yuichiro Miura reached the summit of Mount Everest at age 70. George Brunstad was also 70 when he swam the English Channel. Naval officer Grace Hopper became the first female rear admiral of the United States Navy when she was 79. Margaret Haggerty completed her quest to run a marathon on each of the seven continents when she was 84.

If stories like these teach us anything, it's that senior adults are capable of amazing things.

That was certainly true of Joshua. Even though he was probably nearing the century mark, God had a plan for him. Age didn't matter to God. Rather than telling Joshua to rest, retire or step aside for a younger replacement, God instructed him to get to work.

Perhaps we should take a cue from God in our attitude toward older adults. From an early age most of us were taught to respect our elders. However, too often we confuse politeness for respect. What's the difference? Politeness might include offering a hand to senior adults when they struggle with steps or making awkward small talk with aging relatives at family gatherings. Respect, however, would include realizing that with their years of challenges and experiences these adults are a rich, God-given resource.

In this age of politically correct labels, perhaps a better name for senior citizens is "ultra-experienced adults." God entrusted Joshua with an important duty a quarter century after Joshua reached retirement age because of his vast military experience and knowledge.

Think of the older adults you know. How does God want to use them in your life? What experiences of theirs might benefit you? What life lessons have they learned that might keep you from making a bad decision? And what might you be able to learn from hearing their stories and asking for their advice?

To Take Away

- How would you describe your attitude toward senior adults?*
- Think of two or three seniors you know. What might getting to know them better add to your life?*
- What steps can you take this week to build a mutually beneficial relationship with an older adult?*

Psalm 1

Blessed are they who hope in the Lord.

Blessed the man who follows not
the counsel of the wicked
Nor walks in the way of sinners,
nor sits in the company of the insolent,
But delights in the law of the LORD
and meditates on his law day and night.

Blessed are they who hope in the Lord.

He is like a tree
planted near running water,
That yields its fruit in due season,
and whose leaves never fade.
Whatever he does, prospers.

Blessed are they who hope in the Lord.

Not so, the wicked, not so;
they are like chaff which the wind drives away.
For the LORD watches over the way of the just,
but the way of the wicked vanishes.

Blessed are they who hope in the Lord.

Psalm 95

If today you hear his voice, harden not your hearts.

Come, let us sing joyfully to the LORD;
let us acclaim the Rock of our salvation.
Let us come into his presence with thanksgiving;
let us joyfully sing psalms to him.

If today you hear his voice, harden not your hearts.

Come, let us bow down in worship;
let us kneel before the LORD who made us.
For he is our God,
and we are the people he shepherds, the flock he guides.

If today you hear his voice, harden not your hearts.

Oh, that today you would hear his voice:
“Harden not your hearts as at Meribah,
as in the day of Messiah in the desert,
Where your fathers tempted me;
they tested me though they had seen my works.”

If today you hear his voice, harden not your hearts.

Psalm 23

Even though I walk in the dark valley I fear no evil; for you are at my side.

The LORD is my shepherd; I shall not want.
In verdant pastures he gives me repose;
Beside restful waters he leads me;
he refreshes my soul.

Even though I walk in the dark valley I fear no evil; for you are at my side.

He guides me in right paths
for his name's sake.
Even though I walk in the dark valley
I fear no evil; for you are at my side
With your rod and your staff
that give me courage.

Even though I walk in the dark valley I fear no evil; for you are at my side.

You spread the table before me
in the sight of my foes;
You anoint my head with oil;
my cup overflows.

Even though I walk in the dark valley I fear no evil; for you are at my side.

Only goodness and kindness follow me
all the days of my life;
And I shall dwell in the house of the LORD
for years to come.

Even though I walk in the dark valley I fear no evil; for you are at my side.

Psalm 16

Keep me safe, O God; you are my hope.

Keep me, O God, for in you I take refuge;
I say to the LORD, "My Lord are you."
O LORD, my allotted portion and my cup,
you it is who hold fast my lot.

Keep me safe, O God; you are my hope.

I bless the LORD who counsels me;
even in the night my heart exhorts me.
I set the LORD ever before me;
with him at my right hand I shall not be disturbed.

Keep me safe, O God; you are my hope.

Therefore my heart is glad and my soul rejoices,
my body, too, abides in confidence;
Because you will not abandon my soul to the nether world,
nor will you suffer your faithful one to undergo corruption.

Keep me safe, O God; you are my hope.

You will show me the path to life,
fullness of joys in your presence,
the delights at your right hand forever.

Keep me safe, O God; you are my hope.

Psalm 138

Your right hand saves me, O Lord.

I will give thanks to you, O LORD, with all my heart,
for you have heard the words of my mouth;
in the presence of the angels I will sing your praise;
I will worship at your holy temple,
and give thanks to your name.

Your right hand saves me, O Lord.

Because of your kindness and your truth,
you have made great above all things
your name and your promise.
When I called, you answered me;
you built up strength within me.

Your right hand saves me, O Lord.

Your right hand saves me.
The LORD will complete what he has done for me;
your kindness, O LORD, endures forever;
forsake not the work of your hands.

Your right hand saves me, O Lord.

Psalm 113

The Lord will give him a seat with the leaders of his people.

Praise, you servants of the LORD,
praise the name of the LORD.
Blessed be the name of the LORD
both now and forever.

The Lord will give him a seat with the leaders of his people.

From the rising to the setting of the sun
is the name of the LORD to be praised.
High above all nations is the LORD;
above the heavens is his glory.

The Lord will give him a seat with the leaders of his people.

Who is like the LORD, our God, who is enthroned on high
and looks upon the heavens and the earth below?

The Lord will give him a seat with the leaders of his people.

He raises up the lowly from the dust;
from the dunghill he lifts up the poor
To seat them with princes,
with the princes of his own people.

The Lord will give him a seat with the leaders of his people.

Psalm 104

Lord, send out your Spirit, and renew the face of the earth.

Bless the LORD, O my soul!
O LORD, my God, you are great indeed!
How manifold are your works, O LORD!
the earth is full of your creatures.

Lord, send out your Spirit, and renew the face of the earth.

May the glory of the LORD endure forever;
may the LORD be glad in his works!
Pleasing to him be my theme;
I will be glad in the LORD.

Lord, send out your Spirit, and renew the face of the earth.

If you take away their breath, they perish
and return to their dust.
When you send forth your spirit, they are created,
and you renew the face of the earth.

Lord, send out your Spirit, and renew the face of the earth.

Psalm 11

The LORD is in his holy temple;
the LORD's throne is in heaven.
His eyes behold,
his searching glance is on mankind.

The just will gaze on your face, O Lord.

The LORD searches the just and the wicked;
the lover of violence he hates.
For the LORD is just, he loves just deeds;
the upright shall see his face.

The just will gaze on your face, O Lord.

Psalm 103

The Lord has established his throne in heaven.

Bless the LORD, O my soul;
and all my being, bless his holy name.
Bless the LORD, O my soul,
and forget not all his benefits.

The Lord has established his throne in heaven.

For as the heavens are high above the earth,
so surpassing is his kindness toward those who fear him.
As far as the east is from the west,
so far has he put our transgressions from us.

The Lord has established his throne in heaven.

The LORD has established his throne in heaven,
and his kingdom rules over all.
Bless the LORD, all you his angels,
you mighty in strength, who do his bidding.

The Lord has established his throne in heaven.

Psalm 15

He who does justice will live in the presence of the Lord.

He who walks blamelessly and does justice;
who thinks the truth in his heart
and slanders not with his tongue.

He who does justice will live in the presence of the Lord.

Who harms not his fellow man,
nor takes up a reproach against his neighbor;
By whom the reprobate is despised,
while he honors those who fear the LORD.

He who does justice will live in the presence of the Lord.

Who lends not his money at usury
and accepts no bribe against the innocent.
He who does these things
shall never be disturbed.

He who does justice will live in the presence of the Lord.

Exodus 15

Let us sing to the Lord; he has covered himself in glory.

I will sing to the LORD, for he is gloriously triumphant;
horse and chariot he has cast into the sea.
My strength and my courage is the LORD,
and he has been my savior.
He is my God, I praise him;
the God of my father, I extol him.

Let us sing to the Lord; he has covered himself in glory.

The LORD is a warrior,
LORD is his name!
Pharaoh's chariots and army he hurled into the sea;
the elite of his officers were submerged in the Red Sea.

Let us sing to the Lord; he has covered himself in glory.

The flood waters covered them,
they sank into the depths like a stone.
Your right hand, O LORD, magnificent in power,
your right hand, O LORD, has shattered the enemy.

Let us sing to the Lord; he has covered himself in glory.

Psalms 69

Turn to the Lord in your need, and you will live.

I am sunk in the abysmal swamp
where there is no foothold;
I have reached the watery depths;
the flood overwhelms me.

Turn to the Lord in your need, and you will live.

But I pray to you, O LORD,
for the time of your favor, O God!
In your great kindness answer me
with your constant help.

Turn to the Lord in your need, and you will live.

But I am afflicted and in pain;
let your saving help, O God, protect me;
I will praise the name of God in song,
and I will glorify him with thanksgiving.

Turn to the Lord in your need, and you will live.

"See, you lowly ones, and be glad;
you who seek God, may your hearts revive!
For the LORD hears the poor,
and his own who are in bonds he spurns not."

Turn to the Lord in your need, and you will live.

Psalm 106

Give thanks to the Lord, for he is good.

Our fathers made a calf in Horeb
and adored a molten image;
They exchanged their glory
for the image of a grass-eating bullock.

Give thanks to the Lord, for he is good.

They forgot the God who had saved them,
who had done great deeds in Egypt,
Wondrous deeds in the land of Ham,
terrible things at the Red Sea.

Give thanks to the Lord, for he is good.

Then he spoke of exterminating them,
but Moses, his chosen one,
Withstood him in the breach
to turn back his destructive wrath.

Give thanks to the Lord, for he is good.

Psalm 99

Holy is the Lord our God.

Extol the LORD, our God,
and worship at his footstool;
holy is he!

Holy is the Lord our God.

Moses and Aaron were among his priests,
and Samuel, among those who called upon his name;
they called upon the LORD, and he answered them.

Holy is the Lord our God.

From the pillar of cloud he spoke to them;
they heard his decrees and the law he gave them.

Holy is the Lord our God.

Extol the LORD, our God,
and worship at his holy mountain;
for holy is the LORD, our God.

Holy is the Lord our God.

Psalm 95

If today you hear his voice, harden not your hearts.

Come, let us sing joyfully to the LORD;
let us acclaim the Rock of our salvation.
Let us come into his presence with thanksgiving;
let us joyfully sing psalms to him.

If today you hear his voice, harden not your hearts.

Come, let us bow down in worship;
let us kneel before the LORD who made us.
For he is our God,
and we are the people he shepherds, the flock he guides.

If today you hear his voice, harden not your hearts.

Oh, that today you would hear his voice:
“Harden not your hearts as at Meribah,
as in the day of Massah in the desert,
Where your fathers tested me;
they tested me though they had seen my works.”

If today you hear his voice, harden not your hearts.

Psalm 106

Remember us, O Lord, as you favor your people.

We have sinned, we and our fathers;
we have committed crimes; we have done wrong.
Our fathers in Egypt
considered not your wonders.

Remember us, O Lord, as you favor your people.

But soon they forgot his works;
they waited not for his counsel.
They gave way to craving in the desert
and tempted God in the wilderness.

Remember us, O Lord, as you favor your people.

They forgot the God who had saved them,
who had done great deeds in Egypt,
Wondrous deeds in the land of Ham,
terrible things at the Red Sea.

Remember us, O Lord, as you favor your people.

Then he spoke of exterminating them,
but Moses, his chosen one,
Withstood him in the breach
to turn back his destructive wrath.

Remember us, O Lord, as you favor your people.

Psalm 97

The Lord is king, the Most High over all the earth.

The LORD is king; let the earth rejoice;
let the many islands be glad.
Clouds and darkness are round about him,
justice and judgment are the foundation of his throne.

The Lord is king, the Most High over all the earth.

The mountains melt like wax before the LORD,
before the LORD of all the earth.
The heavens proclaim his justice,
and all peoples see his glory.

The Lord is king, the Most High over all the earth.

Because you, O LORD, are the Most High over all the earth,
exalted far above all gods.

The Lord is king, the Most High over all the earth.

The Lord speaks of peace to his people.

I will hear what God proclaims;
the LORD—for he proclaims peace
To his people, and to his faithful ones,
and to those who put in him their hope.

The Lord speaks of peace to his people.

Kindness and truth shall meet;
justice and peace shall kiss.
Truth shall spring out of the earth,
and justice shall look down from heaven.

The Lord speaks of peace to his people.

The LORD himself will give his benefits;
our land shall yield its increase.
Justice shall walk before him,
and salvation, along the way of his steps.

The Lord speaks of peace to his people.